

Business hours contacts:

Newcastle Cannabis Clinic

Phone: 4923 6760

Fax: 4961 2456

Email: ncc@hnehealth.nsw.gov.au

Located in the Wesley Newcastle City
Mission building -

Ground Floor

14 Wood Street

Newcastle West NSW 2302

Hours of Operation for Cannabis Clinic Clients:

9.00 am – 4.30 pm

Monday to Friday

Central Intake Line:

Southern Area

Drug & Alcohol Clinical Services

Phone: 4923 2060

After hours emergency contact numbers:

NSW Alcohol & Drug Information Service

Phone: 1800 422 599 (24 hours)

Mater - Mental Health Services

Access Line

Phone: 1800 655 085 (24 hours)

Ambulance or Police: Dial 000

Background:

Cannabis is the most widely used illicit drug in Australia: over one third of the population aged 14 years and over report having used the drug sometime in their lives.

(Australian Institute of Health and Welfare, 2007)

Cannabis use is associated with:

- Impaired short term memory
- Impaired reaction time and coordination (risks when driving and operating machinery)
- Respiratory diseases
- Mental health disorders including psychosis

Cannabis Dependence does occur, and can cause serious family, social, legal, health, and financial problems. Withdrawal from cannabis in dependent people can be associated with symptoms such as increased restlessness and irritability, anxiety and depression, decreased appetite, poor concentration and sleep disturbance. (Budney, Hughes, Moore & Vandrey, 2004)



Health
Hunter New England
Local Health District

Newcastle Cannabis Clinic (NCC)



Health
Hunter New England
Local Health District

Revised: August 2011

Aims of the Newcastle Cannabis Clinic

- To improve the health and well-being of people affected by the use of cannabis
- To reduce the risk of harm to individuals, families and communities associated with cannabis use.

Services Provided

- Assessment and counselling for individuals concerned about their cannabis use.
- Education, support and counselling.
- Specialised treatment for Mental Health clients with a co-existing cannabis use disorder.
- Consultation and training for cannabis treatment.
- Support & information for parents / carers and concerned others.

Newcastle Cannabis Clinic services

are available at:

Ground Level
14 Wood Street
NEWCASTLE WEST 2302
Phone: 4923 6760
Fax: 4961 2456

Who can access the NCC services

- Any person over sixteen years of age who wants to stop or significantly cut down their cannabis use.
- People who have been reluctant to seek help for their cannabis use in the past.
- Current mental health clients who have identified problematic cannabis use.
- Family members or significant others requiring information, support and brief counselling regarding their children's, relative's or partner's cannabis use.

How can one access the service?

- We take self referrals and referrals from other service providers, both over the phone and face to face
- Phone the number provided or come to the clinic to give details so that a clinician can call you back.

Newcastle Cannabis Clinic staff

The Newcastle Cannabis Clinic is currently staffed by part-time clinical and provisional psychologists. Medical support is also available.

The NCC is a special project of the Hunter New England Local Health District Drug & Alcohol Clinical Service.

Improved health...

Improved wellbeing...