

MAITLAND MIDWIFERY

GROUP PRACTICE

INFORMATION SHEET

Midwifery Group Practice (MGP) is a small team of Clinical Midwife Specialists who provide individualised care throughout pregnancy, during birth and for up to six weeks after the birth of your baby.

The MGP service is for healthy women with uncomplicated pregnancies who plan for a normal birth with support from a midwife whom they get to know and trust.

The MGP Philosophy

The MGP midwives support a philosophy of trust in your ability to birth, encouraging healthy lifestyle choices, and returning home from the birthing unit with the midwife supporting the family as a whole.

Why Choose Midwifery Group Practice?

You will be allocated a midwife who will work in partnership with you and your family to provide care, encouragement and education throughout your pregnancy, birthing and post natal experience.

Research has shown that with this model of care there is less need for medical intervention during birth. Women feel more in control during labour, enjoy the birth experience more and are at less risk of postnatal depression, and experience higher rates of successful breastfeeding.

The midwives will consult with the specialist obstetric team as necessary for optimal care.

How do I access MGP for my pregnancy and birth?

Please inform the receptionist when you phone to make your booking appointment that you would like to be considered for MGP care. Please bring your referral from your GP with you to this appointment. For more information or to make an appointment please phone 4939 2739.