Making an Appointment

You need a doctor’s referral

If you are new to our service or if you have not attended for more than a year, you will need to get a written referral from your doctor. It helps our staff to care for you if we have the results of recent blood and urine tests concerning your diabetes. Your doctor can fax a copy of your referral and test results to the fax numbers listed on this brochure for an appointment at the centre nearest to you.

You can also phone the diabetes centres if you have enquiries about the programs and appointments.

Diabetes Medical Clinics

Clinics are conducted at the Royal Newcastle Centre at John Hunter Hospital campus and at some other Hunter hospitals and are primarily for medical management of diabetes, and not for diabetes education. You need a referral from your doctor to attend a clinic.

Diabetes Education in Hospital

Diabetes education can be arranged for patients while in hospital. Ask the nursing staff about what is available.

Australian Diabetes Council

(provides support and information for people with diabetes. The Hunter outlet for products and information is:

Cnr Hunter and Union Streets, Newcastle
Phone 4929 6970

Members receive a quarterly magazine, free phone advice, and discounts on products.

Phone 1300 136 588 for general enquiries or visit their website:

australiandiabetescouncil.com
Diabetes Services in the Hunter

Who can attend?

There are services for people with:

- Type 1 diabetes
- Type 2 diabetes
- Gestational diabetes

A support person (family member or friend) is welcome to come along with you.

What services are offered?

- Individual and group education programs about healthy eating, physical activity and day to day management of diabetes conducted by the diabetes teams.
- Programs for people who are starting on insulin.
- Medical clinics for adults, for adolescents and young adults with diabetes, and for women with gestational diabetes.
- Diabetes education for hospital inpatients.
- An interpreter can be arranged if needed.
- An Aboriginal Liaison Officer is available if requested.

Not all programs are offered at all centres.

Where are we located?

Belmont
Belmont Hospital

Cessnock
Cessnock Community Health Care in Foster St

Kurri Kurri
Community Health Building

Newcastle
Community Health Centre
670 Hunter Street
Phone: 4016 4666
or 1300 855952
Fax referral to:
4922 3895

Maitland
Maitland Hospital

Raymond Terrace
Community Health Centre

Toronto
Community Health Centre

Nelson Bay
Community Hospital

Wallsend
Wallsend Campus

Singleton
Community Health Centre
Phone: 6571 9248
Fax referral to:
4931 2005